

# Health & Wellness Seminar Series

Fall 2021



## September

**28 Mindfulness & Coping: Managing Stress During the COVID-19 Pandemic**

**Susan Evans, PhD**

Professor of Psychology in Clinical Psychiatry at Weill Cornell Medicine

Psychologist in the Department of Adult Psychiatry at NewYork-Presbyterian

## October

**5 Flu Season 2021: What to Expect & How to Prepare**

**Mirella Salvatore, MD**

Assistant Professor of Medicine at Weill Cornell Medicine

Assistant Attending at NewYork-Presbyterian

All seminars are **FREE** and open to the public.  
*American Sign Language interpretive services will be present at all seminars.*

**Time**  
**6:00–7:00 pm**

**Place**  
All seminars held virtually.  
*Zoom information provided following registration.*

To **register**, please visit:  
[gca.weill.cornell.edu](https://gca.weill.cornell.edu)  
or call **212-821-0888** and leave a message.  
You can also scan the QR code with your phone below to register.

