



### RABBI'S MESSAGE

## Rosh Hashanah Evening Sermon: "The Formula for Happiness"

The fourth chapter of *Pirkei Avot*, the Sayings of the Fathers, offers a formula for happiness. Ben Zoma lists four attributes for which most men and women strive: wisdom, power, wealth, and honor. He briefly describes how each of them can be attained. Whoever successfully acquires these qualities will be well on his or her way to leading a happy life.

Let's turn to the first attribute: *Aizehu chacham? Ha lomeid mikol adam*. Who is wise? He who learns from all people. Wisdom is a quality for which I strive. It stems not only from Jewish and secular texts, but also from gleaning others' special expertise and life experiences. I learn from colleagues, both older and younger. I learn from non-Jewish clergy, lay leaders, and political figures. I learn from congregants. I learn from B'nei Mitzvah students who often have insight into their Torah portions that I had not previously considered. I also learn from first grade Latino children for whom I am a reading buddy. They have personal stories and provide better understanding of a different culture. Active listening to others enriches people skills and emotional intelligence. Once we appreciate that everyone has something valuable to bring to the table, communal life is no longer driven by competition, but by cooperation. This is true happiness.

Let's continue with the second attribute. *Azeihu gibor? Ha koveish et yitzro*. Who is powerful? He who controls his passions. Ben Zoma equates power not with athleticism nor with the ability to control others, but with self-control. He or she abstains from destructive expressions of anger, from giving in to greed or lust for power, or from exploiting others for personal gains.

A person who can control his passions is more capable of working cooperatively and leading others.

We come to the third attribute. *Azeihu ashir? Ha someich be chelko*. Who is rich? He who rejoices in his portion. In modern society, most people equate wealth with abundant money -- fine houses, nice clothing, snazzy cars, high-tech equipment and other emoluments. Measuring wealth by such criteria leads to envy and what I call "comparative sociology." "Why is my neighbor rolling in dough and going on fine vacations while I have nothing?" Too many people see themselves in relationship to what others have, not to the riches and gifts God gave them.

We are here because God wanted us to be. We have what God wanted us to have. Why then should we seek what others have? If what

*Continued on page 3*

## T'FILLAH SCHEDULE

### SEPTEMBER 2018 ELUL-TISHREI 5778-5779

**Saturday, September 1, 2018** ELUL 21

**Parashat Ki Tavo**

10:00 am: *Shabbat Service*

7:30 pm: *S'lichot Service*

**Friday, September 7, 2018** ELUL 27

**Artist's Opening: Sheryl Denbo**

7:30 pm: *Kabbalat Shabbat*

**Saturday, September 8, 2018** ELUL 28

**Parashat Nitzavim**

10:00 am: *Shabbat Service*

**Sunday, September 9, 2018** ELUL 29

**Erev Rosh Hashanah**

7:00 pm: *Erev Rosh Hashanah*

**Monday, September 10, 2018** TISHREI 1

**Rosh Hashanah I**

9:00 am: *Tot Hashanah*

9:45 am: *Morning Service*

1:00 am: *Garden Potluck luncheon*

**Tuesday, September 11, 2018** TISHREI 2

**Rosh Hashanah II**

9:45 am: *Morning Service*

10:30 am: *Youth Rosh Hashanah Service*

**Friday, September 14, 2018** TISHREI 5

7:30 pm: *Kabbalat Shabbat*

**Saturday, September 15, 2018** TISHREI 6

**Parashat Vayeilech**

**Shabbat Shuva**

10:00 am: *Shabbat Service*

**Tuesday, September 18, 2018** TISHREI 9

7:00 pm: *Kol Nidre Services*

**Wednesday, September 19, 2018** TISHREI 10

**Yom Kippur**

9:45 am: *Morning Service*

2:00 pm: *Tot Hashanah*

3:00 pm: *Rabbi's Discussion*

4:30 pm: *Family Mincha*

6:00 pm: *Neilah*

*T'Fillah September Schedule Continued on page 2*



# HEBREW TABERNACLE CONGREGATION

A Liberal Congregation & Progressive Community Center

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a member of the union for Reform Judaism

# T'FILLAH SCHEDULE

- SEPTEMBER 2018 ELUL-TISHREI 5778-5779**
- Friday, September 21, 2018 TISHREI 12**  
7:30 pm: *Kabbalat Shabbat*
  - Saturday, September 22, 2018 TISHREI 13**  
**Parashat Ha'Azinu**  
10:00 am: *Shabbat Service*
  - Sunday, September 23, 2018 TISHREI 14**  
7:30 pm: *Erev Sukkot*
  - Monday, September 24, 2018 TISHREI 15**  
**Sukkot I**  
10:00 am: *Sukkot I*
  - Tuesday, September 25, 2018 TISHREI 16**  
**Sukkot II**  
10:00 am: *Sukkot II*
  - Friday, September 28, 2018 TISHREI 19**  
**Sukkot V**  
6:00 pm *Tot Shabbat*  
7:30 pm: *Kabbalat Shabbat*
  - Saturday, September 29, 2018 TISHREI 20**  
**Sukkot VI**  
10:00 am: *Shabbat Service*
  - October 2018 TISHREI-CHESHVAN 5779**
  - Monday, October 1, 2018 TISHREI 22**  
10:00 am: *Shmini Atzeret & Yizkor*  
6:30 pm: *Erev Simchat Torah & Hebrew School Consecration*
  - Tuesday, October 2, 2018 TISHREI 23**  
10:00 am: *Simchat Torah*
  - Friday, October 5, 2018 TISHREI 26**  
7:30 pm: *Kabbalat Shabbat*
  - Saturday, October 6, 2018 TISHREI 27**  
**Parashat Bereshit**  
10:00 am: *Shabbat Service*
  - Friday, October 12, 2018 CHESHVAN 3**  
7:30 pm: *Kabbalat Shabbat*
  - Saturday, October 13, 2018 CHESHVAN 4**  
**Parashat Noach**  
10:00 am: *Shabbat Service*
  - Friday, October 19, 2018 CHESHVAN 10**  
6:00 pm: *Tot Shabbat*  
7:30 pm: *Kabbalat Shabbat*
  - Saturday, October 20, 2018 CHESHVAN 11**  
**Parashat Lech-Lecha**  
10:00 am: *Shabbat Service – New Board Member Installation*
  - Friday, October 26, 2018 CHESHVAN 17**  
6:30 pm: *Family / Camp Service – Buffet Dinner*
  - Saturday, October 27, 2018 CHESHVAN 18**  
**Parashat Vayera**  
10:00 am: *Shabbat Service*

## RABBI'S Message

Continued from page 1

matters most in our lives is how we appear in the eyes of God, why should we want anything else merely because someone else has it? It is when we stop defining ourselves in relation to God and start defining ourselves in relation to other people that competition, strife, and envy enter our minds. This leads only to unhappiness.

The final attribute in my mind is a culmination of the other three attributes. *Azeihu mechubad? Ha mechubad et ha bri-ot.* Who is honored? He who honors his fellow man. People who learn from a wide variety of individuals, who equate power with self-control, and who refuse to measure wealth by what others have automatically, to me, honor their fellow human beings. Respect is contagious. Those who value the gifts of others are more likely to have their courtesy reciprocated than the compulsive *kovid* seeker who craves the limelight. For me, the biggest reward of communal life is making new friends and making a positive difference in peoples' lives.

Rosh Hashanah is the festival of new beginnings. We evaluate our achievements and shortcomings. We look for ways to lead happier lives than in the previous year. In the final analysis, the attainment of true happiness is not about individual achievement. True happiness comes about when human beings learn to live peaceably within our global community. In the words of our liturgy: *Hinei mah tov u-mah-na-im shevet achim gam-yachad.* How good it is, and how pleasant, when brothers and sisters live together in unity!

# SAVE THE DATE OCTOBER 24, 2018 HEALTH FAIR!

The next Hebrew Tabernacle Health Fair is coming fast! Flu vaccines, health screenings, health and fitness classes, medical insurance information, free giveaways and more! Our last health fair was terrific -- despite the snowstorm that shut down the city. We had free dental screenings, free blood pressure checks, free balance checks and an excellent lecture on picky eaters! Those who braved the snow had a great time and learned a bit more about themselves.

This health fair will be even better! This year's fair will include informative and interactive talks by New-York Presbyterian Hospital/Columbia University Medical Center specialists on a variety of health topics.

## Please Join us!

Volunteers and health care vendors please call the office or email [HTHealthfair@gmail.com](mailto:HTHealthfair@gmail.com).



## Rummage Sale Right Around the Corner!

Save the date:

**Sunday, November 11, 2018**

Set up on

**Saturday, November 10, 2018**

*Donate your time and your merchandise  
to help make our rummage sale the most successful ever!*



The Hebrew Tabernacle Book Club, open to the community, meets monthly at the Hebrew Tabernacle on Monday or Wednesday evenings, and is volunteer led. We read a variety of fiction and non-fiction genres, and have had local authors join us! We welcome all for a light nosh, and guarantee lively discussion! Come meet your neighbors, and join us to learn and exchange opinions about various Jewish issues.

Suggestions for books are appreciated. Please contact convenor Susan Gellert ([susan\\_gellert@yahoo.com](mailto:susan_gellert@yahoo.com)).

Our next meeting will take place on September 26th at 7 pm and we will discuss "The Cloister" by James Carroll, set in our local museum!

# SAVE THE DATE Sunday, October 14, 2018

SPECIAL MEMBERSHIP MEETING  
to Vote on Bylaws Amendments  
9am-10:30am - Social Hall

# THANK YOU

תודה רבה!

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## WE GRATEFULLY ACKNOWLEDGE THESE RECENT CONTRIBUTIONS:

### GENERAL FUND – MISC.

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Anonymous

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Estate of Walter Bergenthal

Miriam Frank & Desma Holcomb

Miriam Frank & Desma Holcomb

David & Jean Gumpert

Michael Melanie and Julia Klein

Rita Rosenthal

Ralph Selig

Rita Rosenthal

Elizabeth Stone-Merenstein

Robert & Hilary Zatz

In Honor of Regina Gradess

In honor of Laszlo Stein's Bar Mitzvah

Bequest from Walter Bergenthal

In honor of Joan Lauer's 40th wedding anniversary

A speaker phone for the HT Board Meetings

In honor of the marriage of Diana Douglas and

Lester Howard

In honor of the wedding of Diana Douglas

In honor of the wedding of Diana Douglas

General Fund Donation

In honor of the wedding of Diana Douglas

In honor of Joan Laufer's 40th wedding anniversary

In honor of the wedding of Diana Douglas and

Lester Howard

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*received a donation from...*

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Mrs. Anita Stern

Vera Strauss

Gary Thalheimer

Vicki Tobar

Inge Waldman

Gwynne H. Wohlgemuth

In memory of the Yahrzeit of Gary Blum

In memory of the Yahrzeits of Eugene, Hermann, Herta,

Lina and Martin Levite, Arthur and Senta Frank

In memory of the Yahrzeit of Eugene Hamburger

In memory of the Yahrzeit of Max Hamburg

In memory of the Yahrzeit of Lottie Maienthau

In memory of the Yahrzeit of Rita Leopold

In memory of the Yahrzeit of Elizabeth Loewenberg

In memory of the Yahrzeit of Paul Meyer

In memory of the Yahrzeit of Julius Oppenheimer

In memory of the Yahrzeit of Manfred Rosenthal

In memory of the Yahrzeits of Alfred and Johanna Schueller

In memory of the Yahrzeit of Lt. Col. Walter Stern

In memory of the Yahrzeit of Otto Strauss

In memory of the Yahrzeits of Margaret Neumann and

Hilda Grau

In memory of the Yahrzeit of Elisabeth Tobar

In memory of the Yahrzeit of Alexander S. Waldman

In memory of the Yahrzeits of Madeleine & Ross Secunda

### HEBREW SCHOOL SCHOLARSHIP FUND

*received a donation from...*

Miriam Frank & Desma Holcomb

Celebration of Diana Douglas' Wedding

### RABBI'S DISCRETIONARY FUND

*received a donation from...*

Harriet Bailer

In honor of Joan Laufer's 40th anniversary

### RENOVATION FUND

*received a donation from...*

Eve Leopold & Marvin Reinheimer

Donation covering the expenses of Air Conditioning renovations



# THANK YOU

תודה רבה!

תודה רבה!



## DONATIONS

Continued from page 4

### SISTERHOOD

received a donation from...

Michael, Melanie & Julia Klein

Gary Thalheimer

Laura Wintroub

In honor of the wedding of Diana Douglas

In honor of the wedding of Diana Douglas

In honor of the wedding of Diana Douglas

## A Strong Foundation Begins at Aleph and Ends with Dessert

By Justin Shames

In our home, Hebrew education started with Shabbat candle lighting, cutting the challah and family dinner on Friday nights and continued with seder and Chanukah presents. We then enrolled them in Hebrew School to give them a solid foundation in Jewish faith and understanding, to learn to read and write in Hebrew. Hebrew Tabernacle has long educated young Jewish minds in Washington Heights and Inwood. Shelly Koy, our Hebrew School principal, has developed a program from kindergarten through Bar/Bat Mitzvah. Students meet Monday or Wednesday afternoon depending on their grade and study Hebrew, Jewish texts, culture and customs, history and holidays.

In addition, Hebrew Tabernacle has a new tradition — a wonderful monthly family Shabbat service. Open to all in our community, it's a warm, inviting and participatory service that lets members sing and rejoice in welcoming the Sabbath whether they are members or new to a Jewish service. Each month, a Hebrew School class presents from the bimah on one topic, and after we share a delicious, hot dinner in our social hall with challah, juice and wine for all. It's a great way to bond with other families and chat with friends new and old.

To get the ball rolling and enroll your children, please contact our much loved principal, Shelly Koy, at [skhspr@gmail.com](mailto:skhspr@gmail.com). His beautiful description of the school is on our newly redesigned website <https://hebrewtabernacle.org/hebrew-school/>. Financial aid is available.

## Bring a Friend to Services: Growing our Community

By Justin Shames

Help us to build a vibrant and welcoming community! Invite your friends to one of our Shabbat services, Friday night service, Tot Shabbats, or our popular monthly Friday night Family Services and dinners. Hebrew Tabernacle thrives in its diversity and welcomes LG-BTQ and interfaith families and individuals. Our website describes our mission: <https://hebrewtabernacle.org/membership/>

## Interfaith & Immigration: Community Comes from Within Our Hearts

By Justin Shames

As a people long scattered across the globe, our faith and traditions bind us together as Jews. In building our community, we come together in our temple to fight injustice, as well as pray, celebrate, and mourn together. We live in uncertain times and are proud that Hebrew Tabernacle is working with other local faith organizations to help one New Yorker, Amanda Morales, who has taken refuge within the Sanctuary at Holyrood Church in Washington Heights.

Amanda is the mother of three children who are US citizens who in 2004 fled Guatemala's gangs and violence. She worked at a factory making guitar and cello strings until last summer, when the US Immigration and Customs Enforcement (ICE) ordered her deported. Fearing for her life in Guatemala, Amanda sought sanctuary. Holyrood welcomed her and her children with open hearts and will mark her first anniversary of sanctuary on August 17th.

Hebrew Tabernacle began supporting Amanda with a prayer service in which members of our congregation shared their family's stories from the Holocaust and described our strong connection to the plight of today's immigrants. Our Board of Trustees has written to our elected representatives, including our president, about Amanda and our objection to dehumanizing policies that separate families. Hebrew Tabernacle this spring hosted a packed forum on immigration, the culmination of Rabbi Gale's work with the Northern Manhattan Clergy Alliance to help Amanda make her legal case and stand with other faiths to fight the injustices in our community and our nation. Our members have donated food, clothing and toys to the Morales family and we were proud that a community leader supporting Amanda chose to join our synagogue this year.

Hebrew Tabernacle's annual Interfaith Thanksgiving service provides an avenue for hundreds of community members to express our gratitude for all we have and to strengthen our commitment to working for others. Stay tuned for more information about plans for this November's Interfaith Thanksgiving Celebration and follow Amanda's story at <https://holyroodsantacruz.org/amanda/>.

The Hebrew Tabernacle's Armin and Estelle Gold Wing Gallery  
*September/October, 2018 Exhibit*

***SHERYL DENBO – Sculptural Canvases***  
***Reflections***



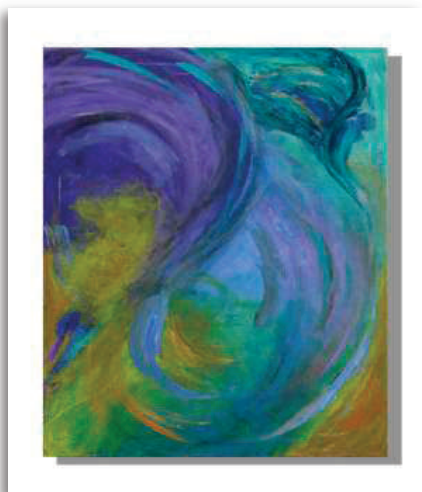
**Artist's Statement:**

“ I was born in Brooklyn and now spend four to six months each year in “Down East Maine” where I’m inspired by what I call, *The Golden Hour*, that time just after sunrise and before sunset when the daylight is subtle and the colors are both soft and deep. I return to my canvas and use intense, fluid metallic colors on papers and fabrics I get from around the world. The surface builds until it transcends its original structure.

When I focus on the ocean and the sky that surrounds me, I find myself painting what I call my AquaFlow and Reflections Series.

I’ve been influenced by many, but especially by my teachers Helen Corning and Bruce Dorfman. Both taught me to trust myself. The artists Gustav Klimt and Robert Rauschenberg taught me, among other things, not be afraid of kitsch.”

Contact information: [Sheryl.Denbo@gmail.com](mailto:Sheryl.Denbo@gmail.com),  
[www.sheryldenbo.com](http://www.sheryldenbo.com), cell: 202-441-7264



AquaFlow 7 30” X 36”  
acrylic on canvas

**Artist's Opening Reception Friday, Sept. 7, from 8:30 pm – 10 pm**



**Hebrew Tabernacle: 551 Fort Washington Avenue at 185 St NY, NY 10033** Directions: “A” train to 181 St. walk to 184 St. exit, take elevator up to Ft. Wash. Ave., cross street. Bus: M4 or M98 HebrewTabernacle.org 212-568-8304 Free admission – M, W, F 9:30 am - 4:45 pm  
Some evenings by appointment. Wheelchair accessible.  
Curated by Regina Gradess. [Reginag99@gmail.com](mailto:Reginag99@gmail.com)

**Hebrew Tabernacle**

**Exhibit closes on Monday, October 29**

## IN MEMORIAM

In grateful memory of the departed whose names are taken from the records of Hebrew tabernacle and Beth am and which appear on a separate weekly Yahrzeit list. It is our minhag to read Yahrzeit names at the Shabbat services following the date. **If you would like a name read, please call the office in the preceding week.**

### YAHRZEIT LIST

#### September 2 - 8, 2018

Martha Abraham  
Saul Adams  
Sarah Allman  
Kenneth L. Batt  
Arthur Blumenthal  
Israel Collin  
Celia Sarah Edberg  
Morris A Engel  
Isaac Englander  
Anna Ossip Finestone  
Theodor Flatauer  
Carrie Frankenthaler  
Armand Ginsberg  
Nathan Glauber  
Sandra Golub  
Frances Guthman  
Eva Gutmann  
Barbara Heiman  
Emma-Esther Herrmann  
Stephen H. Hirsch  
William B. Irell  
Hilde Jordan  
Isidore Karlsruhe  
Lilli Karlsruhe  
Ludwig Karlsruhe  
Margarete Leiser  
Herta Levite  
Richard Levy  
Sigmar Lewy  
Theo M. Lorch  
Siegfried Mannheimer  
Margot Marcus  
Leopold Meyer  
Louis S. Obermeier  
Mordechai Rosenberg  
Peter Rosenthal

Edmund Rothschild  
Sonia Rutberg  
Aaron Scheuer  
Seymour Schneider  
Else Seligmann  
Hermann Seligmann  
Walter Silverman  
Denny Simon  
Anna Stamm  
Daniel Steinharter  
Kurt Strauss Goldsmith  
Estelle Sussman  
Lothar Tannenwald  
Meta Uhlfelder  
Marion Van Ments  
Else Warms

#### September 9 - 15

Ida Asch  
Leopold Baer  
Leon Berger  
Heinrich Bloch  
Moses Boehm  
Gertrude Bronheim  
Helen Lucy Ecker  
Dr. Betty Finkelstein  
Max Flehinger  
Anna Fraenkel  
Adolph Frank  
Frances Gerber  
Otto Goldschmitt  
Theodore Goodkind  
Tillie Greenbaum  
Isaac Greenberg  
Morris Hart  
Emil Hartog  
Rolf Werner Heymann  
Erna Himmelweit

Albert, Frieda, Carlo Josephs  
Hugo, Erna, Helga Josephs  
Johanna Kahn  
Robert Kahn  
Jane L. Kaufman  
Helen Kornreich  
Morris Lefkowitz  
Michael Lehman  
Alfred & Auguste Levi  
David Levy  
Paul Levy  
David Luster  
Margot Marx  
Horace McCracken  
Edith Mendel  
Herman E. Meyers  
Fanny Michael  
Ernest Oppenheimer  
Adolf Pollack  
Lotte Regensburger  
Adolf Reiner  
Gustav Reis  
Ita Rosenberg  
Rhoda Rosenfeld  
Norton Rothschild  
Joseph Salomon  
Jacob Samuels  
Charlotte Scheibe  
Rudolph Scheibe  
Jacqueline Schonholtz  
Naum Schub  
Rose Schuster  
Rosalie Seideman  
Ray Sharoff  
Frieda Sokolowski  
Gerson Sonnenfeld  
Regina Sonnenfeld  
Hilde Steinhardt  
Vivian Gorlin Steinhoff  
Henrietta Stephan  
George Stokes  
George Walzer  
Emil Weill

Artur Westheimer  
Erna Wolf  
Charlotte Wolff

#### September 16 - 22

Brenda Munz Brienza  
Gustine Bruckman  
Rosa Cohn  
Sylvia Crystal  
Zelda Y. Davis  
Ida Eberhardt  
Malvina Eulau  
Herman Fraenkel  
Werner Fraenkel  
Edith Ganzman  
Gertrud Goldschmidt  
Lilly Graubart  
Bernhard Greenbaum  
Nathan Gruenewald  
Josef Hanauer  
Sydne Eckstein Harris  
Ben Hertzog  
Lina Kassel  
Ludwig Katz  
Ilse Kohlman  
Cecile Lipkin  
Alice Loewkowitz  
Gilbert Michel  
Elijah Mindich  
Gunilla Martenson Moore  
Frank Mosback  
Leo Mosback  
Dan Newman  
Carl Ochs  
Marta Oppenheimer  
Pauline Oppenheimer  
Henry Rosenow  
Julius Rutberg  
Kurt Schloss  
Sofie Schneider  
Joseph Schwartz  
Arthur Stein

Continued on page 8



## AHRZEIT LIST

*Continued from page 7*

Ethel Stertz  
Isfried Strauss  
Eidel Strisower  
Robert Wiener  
Ezra Wieser  
Adolph Wolff  
Michael Wolff

### September 23 – 29

Siegfried Bachenheimer  
Meyer Bialos  
Julius Buchdahl  
Tessy Buchdahl  
Emanuel Cohn  
Morris Collin  
Joseph Ehrenreich  
Hanni Elias  
Richard Erle  
Raymond Fleishman  
Wally Freyer  
Isaac Fuld  
Erwin Fuss  
Clara Ganzman  
Imre Gestely  
Rose Glickman  
Paul Gottschalk  
Dr. Samuel Graff  
Amalie Greenbaum

Lilly Gryler  
Marion Hahn  
Ernst Heumann  
Max Heymann  
Regina Hofmann  
Alice Kassel  
Julius Kaufmann  
Tillie King  
Adele Kollman  
David Lazar  
Sara Lederman  
Sara Lederman  
Frieda Levy  
Herbert Lichtenstein  
Charles Lowen  
Anna Meseritz  
Hans van Moelken  
Margot Munz  
Joseph Ornstein  
Marianne Osers  
Martha Ottensosser  
Dr. Nathan Roos  
Seymour Roth  
Isidor H. Scheirer  
Otto Schwarz  
Jacob Spector  
Dr. Charles Spiegel  
Fred Strauss  
Rae Stream  
Sarah Wecker

Judy Wingard

### September 30–October 6

Minnie S. Appel  
Anton Bauml  
Dr. Siegfried Beckmann  
Ida Blumenkranz  
Julius Briskie  
Minnie Cohen  
Byrdie Davis  
Herbert Ehrlich  
Georg Elias  
Martha Elias  
Orah Elias  
Leona Finestone  
Danny Frank  
Max Frank  
Jacob Frankel  
Samuel Glassman  
Karl Hamlet  
Leo Hanau  
Sigmund Herz  
Simon Kestenbaum  
Selma Manheimer  
Paula Marx  
Alfred Meyer  
Paula Meyer  
Klara Oppenheimer  
Herta Pertiller  
Paula Rosenthal  
Richard Rosenthal  
Dr. Siegmund Rothschild  
Frances Rothschild  
Frank A. Sanders  
Leo Schwartz  
Albert Schwartzburt  
Elvin J. Schwarzbaum  
Hilla Simon  
Rabbi Julie Spitzer  
Gertrud Stadthagen  
Ida Sternfels  
Dr. Curt Strauss  
Vivian Taber

Elizabeth Tuerkheimer  
Flora Walter  
Paul Weil  
Pearl Weinman  
Frank Wittner  
Hugo Wolff

### October 7 – 13

Mildred Austern  
Bertha Barber  
Harry L. Blum  
Margot Bodenheimer  
Sarah Dlugatch  
Herbert Ferber  
Patrick J. Flanagan  
Pauline Frant  
Ilya Godin  
Mary Graham  
Stanley Haft  
Marcus Hertz  
Margit Hirsch  
David S. Hirschfeld  
David Hoexter  
Fred L. Joseph  
Evelyn Klinger  
Berta Kuba  
David Lauber  
Hulda Levy  
Bella Mandelsberg  
Fred Meyerhoff  
Gertrude Myers  
Dr. Oscar Nussbaum  
Amelia Ornstein  
Wilhelm Ottenheimer  
Kathe Pollak  
Rosie Pollak  
Rev. Abraham Reser  
Jacob Rishik  
Ethel Irene Rook  
Elisabeth Roos  
Hugo Rosenfeld  
Lino Saez  
Gladys Sharoff



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*Thanks for your support!!*



**YAHREZEIT LIST***Continued from page 8*

Mathew Shepherd  
 Solomon Sichel  
 Walter Simons  
 Robert Stix  
 Max Tuerkheimer

Morris Moss  
 Sam Muenzer  
 Vally Ollendorff  
 Morris Oppenheimer  
 Helen Piasecki  
 Irene Rollman  
 Gerda Ruwalski  
 Melvin Scheuer  
 Alfred Schueller  
 Ludwig Sinsheimer  
 Adele Sostman  
 Julius Joe Stern  
 Leo Steuerman  
 Karola Strauss  
 Phyllis Taylor  
 Marianne Ultmann  
 Norbert D. Warren  
 William Weinberg  
 Samuel A. Wohlgemuth  
 Leon Zellner

**October 21 – 27**

Gertrude Baer  
 Nuta Bery-Chmukh  
 Nathan Bloom  
 Alfred Bornstein  
 Sarah Briskie  
 George Charig  
 Jacob Cohen  
 Fritz Ehrenreich  
 Dr. Siegfried Elias  
 Rev. David Epstein  
 Ilsemarie Fleck  
 Hedwig Frank  
 Sari Frank  
 Winston Werner Frank  
 Felix Freilich  
 Dr. Walter Getreuer  
 Jerome Glauber  
 Arthur Goldschmidt  
 Walter Gunther  
 Rose Hanau

Elly Hirsch  
 Millie Hirsch  
 Samuel Hirsch  
 Charles Hymes  
 Hannah Jacob  
 Emil Kahn  
 Fred Kahn  
 Stephen Kahn  
 Samuel Kaplow  
 Helma Katz  
 Johanna Katz  
 Frank Koerpel  
 Elizabeth Kunz  
 Meyer Gus Lowenthal  
 Lillie Machlis  
 Claire May  
 Gertrude Metzger  
 Molly Nadelman  
 William Nathanson  
 Simon Neumann  
 Vera Oppenheim  
 Jacob L. Phillips  
 Curt Pollak  
 Eugene F. Rubino  
 Louise Salomons  
 Florence Scheer  
 Cecilia Schwartz  
 Lillian Secunda  
 Selma Spiegel  
 Leo Stiefel  
 Marga Stoerger  
 Paul Strauss  
 Albert M. Sussman  
 Dr. Frederick J. Wachsner  
 Blanche Walter

**October 28–November 3**

Stanley Adelman  
 Samuel J. Appel  
 Walter Barton  
 Arthur Berg

Fred Bern  
 Betty Bodenheimer  
 Jean Boehm  
 Leopold Cahn  
 Paula Deman  
 Paula Ehrenreich  
 Stephen Fleck  
 Regina Landau Freeman  
 Bella Friedberg  
 Else Friedman  
 Rosa Ganz  
 Fred Gluck  
 Meta Goldmann  
 Paul Hahn  
 Renate Heiman  
 Gertrude Heller  
 Alice Hertz  
 Ludwig Heymann  
 Morris Kahn  
 Irma Knoepfler  
 Alex Kopydlowski  
 Jesse Kutell  
 Gerald Land  
 Leopold A. Levison  
 Augusta Levy  
 Larry Lubin  
 Alphons Mayer  
 Clara Mayer  
 Joseph Merber  
 Theodor Morgenroth  
 Alfred Muir  
 Benjamin Oberst  
 Robert Ottensooser  
 Samuel D. Propper  
 Walter Robert  
 Rose Rosenthal  
 Yetta Rothschild  
 Rosalind Salomon  
 Lilly Sandel  
 Naftali Spiewak  
 Rosa Steuerman  
 Lydia Tislowitz  
 Herta Westheimer

**October 14 – 20**

Rita Alpert  
 David Baer  
 Henrietta Berger  
 Alyssa Brennan  
 Miriam Deutsch  
 Emanuel Eschelbacher  
 Fanny Eysler  
 May Farber  
 Siegfried Frank  
 Rae Friedland  
 Harry Frolich  
 Edward Gradess  
 Abraham Greenberg  
 Edith Haas  
 Gregory Habermann  
 Gertrude Haimann  
 Werner Hamlet  
 Caroline Hecht  
 Margaret Heiman  
 Bertha Hertz  
 Gertrude Hirsch  
 Martin Hirsch  
 Bertha Hofmann  
 Daniel Horowitz  
 Sophia Horowitz  
 Ruth Jost  
 Sarah Jutkowski  
 Elsa F. Katz  
 Leon Klinger  
 Herman Lass  
 Lena Lefkowitz  
 Fred Lipner  
 Esti Loeble  
 Harry Mandelbaum

# Exercise Class Sessions

## Monday 7:00-8:20 p.m.

### Fall 2018

October 8 (Columbus Day)  
October 15  
October 22  
October 29  
November 5  
November 12  
November 19  
November 26  
December 3  
December 10  
December 17

### Winter/Spring 2019

January 7  
January 14  
January 21 (MLK Day)  
January 28  
February 4  
February 11  
February 18 (Pres. Day)  
February 25  
March 4  
March 11  
March 18  
March 25  
April 1

April 8  
April 15  
April 22  
April 29  
May 6  
May 13  
May 20  
May 27 (Mem. Day)  
June 3  
June 10  
June 17  
June 24  
July 1  
July 8, 15 & 22

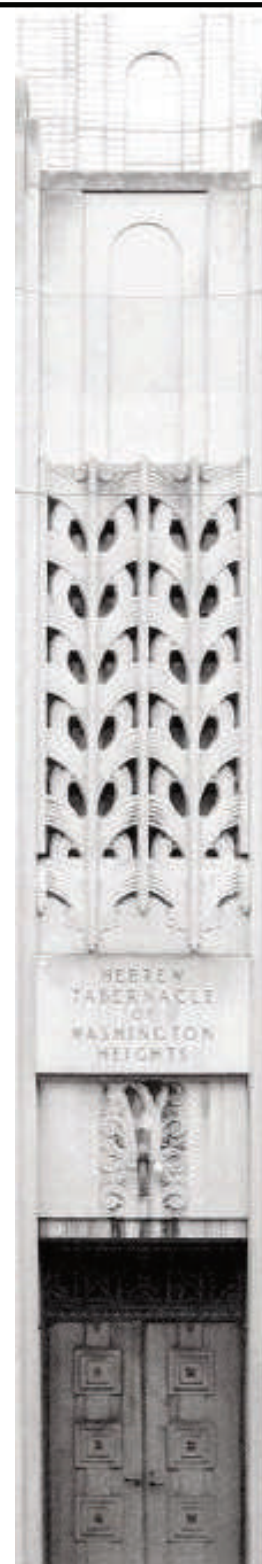
Rita Hamburg, physical therapist, leads a co-ed exercise class to music, for ages 10-80+, in the Hebrew Tabernacle Social Hall. The emphasis is on gentle stretching and strengthening of all the muscles in the body. Bring a towel or mat to lie on and wear comfortable, loose clothing. **The cost is only \$15 per class.** Checks, made out to Hebrew Tabernacle, will be accepted. ALL proceeds will be donated to the Tabernacle. If you are interested, or have any further questions, please contact the office or email Rita: [hamburg@nyp.org](mailto:hamburg@nyp.org)

## Hebrew Tabernacle Congregation

551 Fort Washington Ave. at 185th St.

Office: **212-568-8304**

email: [HToffice@nyc.rr.com](mailto:HToffice@nyc.rr.com)    [www.hebrewtabernacle.org](http://www.hebrewtabernacle.org)



## PLEASE JOIN THE HEBREW TABERNACLE EXERCISE CLASS HELD ON MONDAY EVENINGS!

Rita Hamburg, an HT member and licensed physical therapist, leads a co-ed exercise class to music, for ages 12 to 80+, on Monday evenings from 7:00p-8:30p, in the Hebrew Tabernacle Social Hall. Do you have muscle aches and pains? Joint stiffness? If so, then these classes may be exactly what you need! The emphasis is on GENTLE stretching and strengthening of ALL the muscles and joints in your body. Bring a towel or mat to lie on and wear loose, comfortable clothing. **THE COST IS ONLY \$15 PER CLASS** and you are encouraged to come to as many weekly classes as you wish. **PAY AS YOU GO AND THE FIRST CLASS IS FREE!**

Personal checks made out to The Hebrew Tabernacle will be accepted and ALL proceeds are donated to the Tabernacle.

A new series of sessions will begin on Monday evening, October 8, 2018, through July 22, 2019.

Please email Rita Hamburg ([hamburg@nyp.org](mailto:hamburg@nyp.org)) if you have any questions or please contact the office at 212-568-8304.

# Inclusive, Progressive and Meaningful High Holidays

Whatever your age, you'll find your generation, your elders and the upcoming generation at Hebrew Tabernacle's High Holidays. There will be families of every kind—two-parent, interfaith, one-parent, LGBT and inter-racial—and people from different backgrounds and professions. We will begin this New Year with Tot Hashanah, followed by the beautiful service led by Rabbi Jeffrey Gale with our Cantorial Student Robbie Wittner, the organist and a choir, in the musical tradition that our German Jewish refugees and survivors brought with them from their childhood synagogues. The teen Shofar Choir is a powerful highlight, with Andie Authers, Eleanor Levin, Alec Farber and Julia Klein, led by Baala Tekiya Miriam Frank. After a thought-provoking sermon, we will gather for a joint dairy potluck picnic with Beth Am in the Castle Village garden & Community Room.

The next day Shelly Koy will lead the service for parents and Hebrew School students, where students sound the shofar, while our Rabbi and Cantor lead the customary 2nd Day Service in the sanctuary with Miriam Frank as Baala Tekiya.

Kol Nidrei and the main Yom Kippur service will be in the German Jewish musical tradition, with modern Reform sermons. On Yom Kippur afternoon dozens of adults and children will gather for our Family-Friendly Service—with both adult Torah Study and a separate children's Torah study. For Sukkot, congregants from Tabernacle and Beth Am together construct the Sukkah, and our kids create decorations. Our congregation, Beth Am and the neighborhood will enjoy this community Sukkah all week long.

Finally, don't let your kids or yourself miss out on the chance to dance in 185th Street with our Torahs on Erev Simchat Torah, as our own member Michael Santoro brings a klezmer band to accompany our celebration. We always invite Ft. Tryon Jewish Center from our building and the Beis Community in the neighborhood to join us for this festive holiday.

## Tot Shabbat: Exciting new format for the fall!

September: Tot Shabbat begins again! Come share Friday evenings with your family and others in our local Jewish community, celebrating a child-friendly Shabbat. This service is geared for young children; older siblings, caregivers, and all are welcome.

We are making changes this year to the Tot service. We will keep well-loved elements, from the Shema to the blessing over the children, while also introducing new, interactive tunes to engage your children. The services will be led by parents and the clergy, and will end with an Oneg.

The first service will be Friday, September 28th at 6:00 pm in the Social Hall. We encourage all the kids to bring a favorite stuffed animal for a special song during the service! We welcome your ideas and parent/caregiver help in leading the service. If you're interested in leading a song or reading a story during the service, or have ideas to share about Tot Shabbat, please be in touch with Jen at talansky@hotmail.com. We look forward to seeing you on 9/28!

## "Sisterhood of the Future"

Hebrew Tabernacle is taking a fresh look at our Sisterhood, which has long been a social center, featuring games, topical discussions and healthy gentle exercise Wednesday morning staple for our longtime female members, who were retirees. We have benefited from the resources and advice of the Women of Reform Judaism (WRJ).

As our membership changes, with WRJ's support, we are taking a fresh look at what working women and mothers (and maybe both men & women) would be interested in, going forward. Options include classes, lectures, concerts, physical activities — after work or during weekdays. Self-defense? Yoga? Art classes or Jewish art appreciation? Jewish parenting discussions?

Please send your ideas to Sisterhood President and Board Member Diana Douglas c/o HTOoffice@nyc.rr.com.

## My Vision for Our Community

by Joan Laufer

As President of Hebrew Tabernacle, I am so happy to worship with you during the High Holidays and all year long, whether you are the age of a grandmother like me, one of the energetic toddlers like my grandson, or somewhere in-between. As a social worker, I believe in inclusiveness, not only across the generations, but also for all kinds of families. Like many others here, my family includes loved ones persecuted or killed in the Holocaust. I am proud that this Reform community has welcomed immigrants in our neighborhood and their congregations in our building during these times of harsh exclusionary policies.

I also believe in group decision-making, and invite you to bring for ideas and energy to our projects and committees. They enhance our worship and learning, and help us to care for each other and repair the world. When a member spots your talent and interest and invites you to be part of a project, I hope you will say, "yes."

I entered this synagogue when my children entered Hebrew School. I helped organize the Purim Carnival and the Simchat Torah celebration. Before long I was representing the Parents on the Board, and many years later I became an Officer and now President.

I am thrilled at the growth of Tot Shabbat and our Hebrew School. I know that the dynamic involvement of our parent members, in concert with the wisdom and efforts of our longtime volunteers, will develop and expand this community in beautiful ways.

I enjoy working with our diverse board, our team of leaders, and I will close by introducing them to you:

**Tara Collins, Bernie Crystal, Larry Cytryn,**

**Andrew daSilva, Diana Douglas, Charlie Friedman,**

**Susan Gellert, Rita & Mark Hamburg,**

**Desma Holcomb, Denny & John Kelk, Michael Klein,**

**Shelly Koy, Morton Orentlicher, Fredy Seidel**

**Ralph Selig, Sara Silver, Navahjo Stoller,**

**Jen Talansky, Gary Thalheimer**

# GIVING

*by Gary Thalheimer*

**A**s you consider your membership, the Kol Nidrei pledges and estate planning, we won't ask you to "give 'til it hurts." That's not what Judaism is about. But don't just look at your budget. Look into your heart, your soul, your inner being, and give a larger donation to make yourself feel **GREAT**. Know that you can be bigger than you might imagine. Part of a grand religious family, ensuring Hebrew Tabernacle's perpetuation as a religious and community leader.



## **HEBREW TABERNACLE**

OF WASHINGTON HEIGHTS

551 Fort Washington Avenue

New York, New York 10033-1908