



HEBREW TABERNACLE BULLETIN

JULY-AUGUST 2014

TAMUZ-AV/AV-ELUL 5774

VOLUME LXXXVI | ISSUE 29



RABBI'S MESSAGE

Israel is a complex country with many different faces. When Tsiporah and I visited our daughter in the first week of April, I attempted to see many different faces of Israel. Some of these faces cannot be experienced in a Birthright trip, a NFTY trip, or a traditional tour. I saw faces of Israel that I had not seen during my previous four visits.

I experienced the *ru'ach* of Jerusalem, the diversity of religious worship, the plentiful supply of bookstores, and the spiritual power of praying at the Western Wall. I attended a Jewish renewal synagogue on a Friday evening in which the service was conducted in the round, numerous congregants played instruments, and there was robust singing and dancing. I enjoyed a traditional Shabbat meal with relatives from my wife's side of the family.

I experienced part of my daughter's world. I was inspired by the idealism of her colleagues at *Ir Amim* who sought to improve the

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HEBREW TABERNACLE BULLETIN

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T'FILLAH SCHEDULE

July 2014 TAMUZ-AV 5774

Friday, July 4, 2014 **TAMUZ 6**
7:30 pm: *Kabbalat Shabbat*

Saturday, July 5, 2014 **TAMUZ 7**
10:00 am: *Shabbat Balak*
12:00 pm: *Artist's Opening: John Schriener*

Friday, July 11, 2014 **TAMUZ 13**
7:30 pm: *Kabbalat Shabbat*

Saturday, July 12, 2014 **TAMUZ 14**
10:00 am: *Shabbat Pinchas*

Friday, July 18, 2014 **TAMUZ 20**
7:30 pm: *Kabbalat Shabbat*

Saturday, July 19, 2014 **TAMUZ 21**
10:00 am: *Shabbat Matot*
12:15 pm: *Israel 101 with Rhonda Lee Kaplan*

Friday, July 25, 2014 **TAMUZ 27**
7:30 pm: *Kabbalat Shabbat*

Saturday, July 26, 2014 **TAMUZ 28**
10:00 am: *Shabbat Masei*

Remember the Hebrew Tabernacle with a bequest.

Give a gift for generations to come and be remembered forever



HEBREW TABERNACLE CONGREGATION

A Liberal Congregation & Progressive Community Center

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Deadline for inclusion in the September-October Bulletin is August 5th
Material received after that date will be held until the November-December issue.
htoffice@nyc.rr.com

T'FILLAH SCHEDULE

August 2014 AV-ELUL 5774

- Friday, August 1, 2014** AV 5
7:30 pm: *Kabbalat Shabbat*
- Saturday, August 2, 2014** AV 6
10:00 am: *Devarim (Shabbat Chazon)*
- Friday, August 8, 2014** AV 12
7:30 pm: *Kabbalat Shabbat*
- Saturday, August 9, 2014** AV 13
10:00 am: *Va'etchanan (Shabbat Nachamu)*
- Friday, August 15, 2014** AV 19
7:30 pm: *Kabbalat Shabbat*
- Saturday, August 16, 2014** AV 20
10:00 am: *Shabbat Eikev*
12:15 pm: *Israel 101 with Rhonda Lee Kaplan*
- Friday, August 22, 2014** AV 26
7:30 pm: *Kabbalat Shabbat*
- Saturday, August 23, 2014** AV 27
10:00 am: *Shabbat Re'eh*
- Friday, August 29, 2014** ELUL 3
7:30 pm: *Kabbalat Shabbat*
- Saturday, August 30, 2014** ELUL 4
10:00 am: *Shabbat Shoftim*



If you or someone you care about is hospitalized, ill, or needs some cheer, contact the Chesed Committee.

Neglect is a shame, with everyone to blame.

Call the office at 212-568-8304 or e-mail us at HTChesed@gmail.com

RABBI'S Message

Continued from page 1

quality of life for all inhabitants of Jerusalem, particularly disenfranchised Palestinians who live beyond the barrier. I enjoyed spending time with Leanne at a bar which is frequented by left-wing Israelis. I was impressed with Leanne's ability to move gracefully from the Israeli community to the Arab community. Not only does she have many Israeli friends, she is also well-known in many Arab establishments, particularly in East Jerusalem and Ramallah. Her shift from Hebrew to Arabic is seamless.

In Hebron, Tsiporah and I went on a "breaking the silence tour" and saw an even grimmer side of Israel. "Breaking the silence" consists of ex-Israeli soldiers who wish to point out to both Israeli and Diaspora Jews the painful aspects of Israeli occupation of the West Bank.

When I visited Hebron thirty five years ago, I prayed at the Cave of Machpelah, the burial site of our patriarchs and matriarchs. In the Bible, Abraham is a shining example of a hospitable human being. He interacted well and lived peaceably with his pagan neighbors. In Hebron, the interaction between the Palestinian population and the Israeli army and settlers was anything but hospitable. The first thing that we saw on our arrival was the tombstone of Dr. Baruch Goldstein

who perpetrated the attack on muslim worshippers twenty years ago. There were 124 injuries and 29 deaths. The Hebrew wording on the tombstone stated that Baruch Goldstein's soul was sent for the state of Israel, its people, and its Torah. I remember seeing graffiti which said, "Death to Arabs" and various posters, written by settlers, saying that there is no such thing as a Palestinian people and there never will be. Indeed, I met some of the extremist settlers during the tour and couldn't help but notice the hatred in their faces towards their Arab neighbors.

In Hebron, there are designated areas where Palestinians are not allowed to have cars, other designated areas in which they are not allowed to have shops, and other designated areas where they are not allowed to be present at all. The bottom line is that there is a major section of Hebron which appears like a ghost town. Most of the people on the road were Israeli soldiers. I did see a couple of Palestinian children peering out of doors like scared rabbits. The unemployment rate among the Palestinian population was about 70%; the community is reduced to abject poverty. The Israeli soldier who led our tour explained that controlling the movement of Palestinians certainly reduces the possibility of terrorist activities. However, poverty and daily humiliation fuels fanaticism and in the long run undermines

Continued on page 12

Safe At Home The Hudson Community Project

NOW, EASIER ACCESS TO SERVICES FOR OLDER ADULTS

The YM & YWHA of Washington Heights and Inwood (WHIY) has collaborated with the Riverdale YM-YWHA, the Jewish Community Council of Washington Heights and Inwood, and the Hebrew Home at Riverdale to form a unique partnership called **The Hudson Community Project: Safe at Home.**

It combines our agencies' resources, expands the geographic scope of our services-and streamlines the way we provide them.

The result – older adults can receive a more comprehensive selection of services aimed at helping you maintain your independence and make living at home more comfortable and secure.

SOME OF OUR SERVICES INCLUDE

Case Management — Housing Advocacy — Kosher Pantry — Kosher Meals
Social Adult Day Care — In-home support — Health Maintenance
Rehabilitation — Transportation

For more information, please contact: Sarah Leiner, MSW at (212)-569-6200 x 233.



The Hebrew Tabernacle's Armin and Estelle Gold Wing Gallery

JULY/AUGUST 2014 EXHIBIT

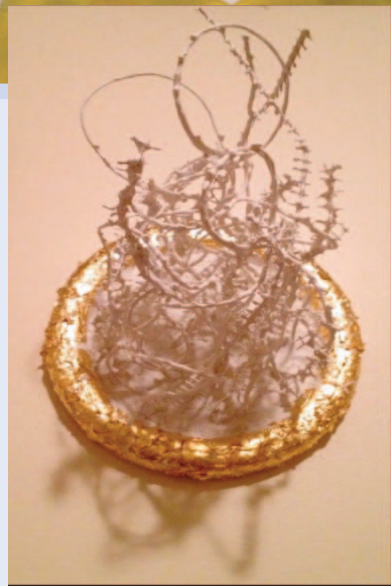
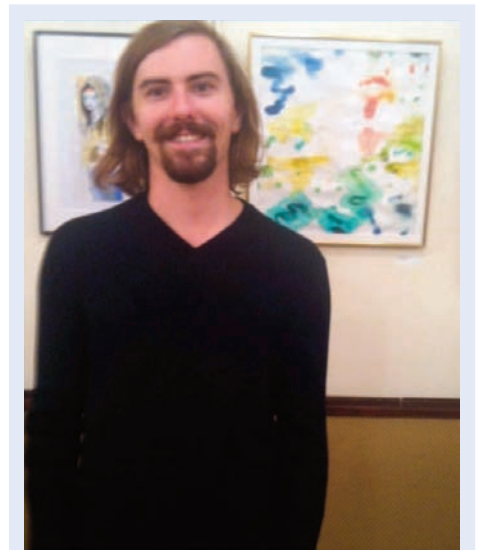
THE ART OF JOHN SCHRINER

Gold Wing Artist's Opening Reception

All are invited to meet the artist at about noon, Saturday, July 5, 2014

UPCOMING in July and August — a painting exhibit by emerging artist John Schriener.

Schriener currently lives and works in the West Bronx and teaches art at Scribble Art Workshop in Inwood and Washington Heights. Born in Cleveland, he spent the majority of his life living in Athens, Ohio where he graduated from the Sculpture + Expanded Practice department at Ohio University in 2013.



Schriener's artistic practice is strongly rooted in materiality. Whether he is using found objects or paint, the materials are manipulated in a way that pushes their physical properties. Many of the paintings in this exhibit will play on the ideas of three dimensionality, time, motion, and abstraction. The subject matter and materials vary from piece to piece, but the idea of duality, between painting and sculpture, natural and manmade, and implied vs. actual materials can be seen as a constant catalyst in his work.

His work has been included in exhibitions throughout Ohio as well as Huntington, West Virginia, New Orleans, Louisiana, and New York City.

Many of Schriener's pieces are for sale during the exhibition, with a portion of the proceeds going to the Hebrew Tabernacle. A price list is available.

Located in Hebrew Tabernacle's Beautiful Art Deco building
551 Fort Washington Ave, at 185 St, NY, NY 10033
M4 or M98 bus or the "A" train to 181 Street- (front of train)
Use the exit and elevator at the 184 Street exit up to Fort Washington Avenue
FREE ADMISSION - For gallery hours: 212-568-8304 or
<http://www.hebrewtabernacle.org>.



THANK YOU

תודה רבה!



WE GRATEFULLY ACKNOWLEDGE THESE RECENT CONTRIBUTIONS:

BEQUEST

was received from the estate of Thea Gerstle

CANTOR'S DISCRETIONARY FUND

received a donation from...

Harriet Bailer

in honor of Cantor Finkel's two years with Hebrew Tabernacle

CLERGY ASSIST FUND

received a donation from...

Hebrew Tabernacle Sisterhood

to cover clergy payroll costs, June, 2014

GENERAL FUND

received a donation from...

Edoardo Bellando

Mrs. Harriet Bailer

General operating support

In honor of Cantor Josh Finkel

In memory of the Yahrzeit of Isabel Medina

In memory of a dear friend, Mark Martinez

In memory of the Yahrzeit of Nathan Gordon

In memory of the Yahrzeits of Daniel McCracken and Ruth Pierson

to cover the costs of a new outdoor enclosed bulletin board

in memory of the Yahrzeits of Clara and Artur Sittenman, and

Alice and Erwin Koppel

In memory of the Yahrzeit of Lilo Bachrach

In memory of the Yahrzeit of George Meseritz

In memory of the Yahrzeit of Karl Friedman

In memory of the Yahrzeit of Harry Dlugatch

In memory of the Yahrzeit of Rose Dominic

In memory of the Yahrzeit of Celia Klein

In memory of the Yahrzeit of Lottie Maienthau

In memory of the Yahrzeits of Charlotte and Hans Hesse

In memory of the Yahrzeit of Frederic Hirsch

In memory of the Yahrzeit of Augusta Jacobs

In memory of the Yahrzeit of Louis Kirchheimer

In honor of Shelly Koy and an awesome Hebrew School year

In memory of the Yahrzeit of Rabbi Lehman

In memory of the Yahrzeit of Joseph W. Tucker

In memory of the Yahrzeit of Kurt Levi

Donation to purchase Flowers for Shavuot

In memory of the Yahrzeit of Elizabeth Loewenberg

In memory of the Yahrzeit of Paul Meyer

In memory of the Yahrzeit of Maurice Silver, a gentleman and a scholar

In honor of Aliyahs and with thanks to Rabbi Gale, Dr. Glass, and

Mr. Seidel

In memory of the Yahrzeits of Benjamin and Berta Schachter

In memory of the Yahrzeits of Gunther and Ruth Wolf Ehrlich

In memory of the Yahrzeit of Gerda Schuster

In memory of the Yahrzeit of Ross Secunda

Continued on page 6

Bella Y. Bankoff

Helen Blumenthal

Richard Ehrenreich

Eva Feist

Mrs. Ilse Feldheim

Charles & Lilli Friedman

Martin Friedman

Barbara Gonzo

Michael & Della Haft

Mark & Rita Hamburgh

William Heinz

Peter Hesse

Ingrid Hirsch

Harold Jacobs

Henry Kirchheimer

Michael & Melanie Klein

Sharon Lehman

Ruth Levi

Gary & Susan Loewenberg

Mark Meyer

Elizabeth Lorris Ritter

Rita Rosenthal

Edward Schachter

Louis & Sylvia Alice Schulman

Harve Schuster

Madeline Secunda

THANK YOU



DONATIONS

Continued from page 5

Vera Strauss

Gary Thalheimer

Pauline Ungar

In memory of the Yahrzeit of Otto Strauss

In memory of the Yahrzeit of Gerda Thalheimer

In memory of the Yahrzeit of Henny Hamburger

MUSIC FUND

received a donation from...

Michael & Melanie Klein

to help maintain our choir & organ services

TOT SHABBAT FUND

received a donation from...

Various

Julia Weisenberg

REPORT AND THANKS FOR 2014 CONGREGATIONAL SEDER

Our 2014 Congregational/Community Seder took place on the first Night of Passover, Monday April 14, 2014, and was a great success. This year we had 80 paid reservations. As the sharp increase in the number of reservations over the last few years shows, the Seder has become an essential event for our community. A last minute decision to try "open seating" at tables of ten in our Social Hall worked very well, with no complaints.

So many of you participated in making the Seder a success, and I'd like to thank every one of you. First, all of you whose generous donations again kept the Seder affordable for many in our community who might not otherwise have been able to participate. You made up the difference between actual costs and our price, as well as accommodating those with limited means and keeping the reduced price for aides and companions. You've been listed in the Bulletin, but thank you again for your generosity.

Of course, many thanks to Rabbi Jeffrey Gale and Cantorial Intern (and now a full-fledged Cantor) Joshua Finkel for their participation in planning and leading the Seder service and singing. Congratulations also to both Rabbi Gale and Cantor Finkel for their impeccable timing and editing of the after-meal service, and for concluding well before 10PM.

Then, a thank you for all the hard-working members of the Seder Committee who made the arrangements, and dealt with caterers, organization, and other problems: Charlie Friedman, Eva Feist, and Rita Leopold. Also, thanks to Lilli Friedman and Diana Douglas who helped with checking in the attendees and guests.

A "thank you" to L'chayim Caterers for their usual fine food. Every year their friendly and responsive service gets better and the wait for food is reduced to a minimum. They again offered a vegetarian option, and Pesachdicke chicken suggests as a kid's meal, which once more in-

creased the number of children who attended. They even gave us a choice of white or rose wines, and were flexible enough to accommodate some late reservations.

My appreciation to Mike Klein, our "go-to guy," for his invaluable help, and for dealing with serious leaks caused by rainstorms the day before the holiday. Thanks also to our custodial staff and to Susan and Ruth in the office. Our gratitude to our President, Dr. Ralph Selig, for his leadership, encouragement, and contribution to this festive evening, and to our board members for their generosity.

Finally, and not least, thanks to all of you who came and participated--our Tabernacle members, their guests and the non-members who appreciate what a friendly and welcoming group the Tabernacle is. I can only repeat my invitation as always: Next year at the Hebrew Tabernacle!

— Gary Thalheimer, *Seder Committee Chair*

HT needs your help to fix things or get things fixed!

Interested? Let us know how
you can help our aging building!
Please leave your contact info
at the office!

212-568-8304

IN MEMORIAM

In grateful memory of the departed whose names are taken from the records of Hebrew Tabernacle and Beth Am and which appear on a separate weekly Yahrzeit list. It is our minhag to read Yahrzeit names at the Shabbat services following the date. **If you would like a name read, please call the office in the preceding week.**

Yahrzeit List

July 4 and 5th, 2014

Reuben Batt
Lena H. Cirker
Hattie E. Davis
Alice Dreifuss
Flora Duhan
Bertha Elias
Abraham Garfunkel
Mac Greenbaum
Nathan A. Greenberg
Martha Gruenewald
Eugene Hamburger
Carla Heilbut
Dr. Hans Hesse
Rosa Heyman
Ella Hirsch
Robert S. Hirschler
Theodore Israel
Nathan Jerome
Louis Kirchheimer
Erwin Koppel
William Koy
Esther Leise
Leo Lesser
Lottie Maienthau
Alfred Marx
Isabel Medina
Hugo Miller
Elsa Moses
Julius Oppenheimer
Louise F. Roos
Bertha Rosenberg
Dr. Tobias Rosenbluth
Deborah Rothschild
Jacob Schweitzer
Deborah Slosser
Dr. Alice Spiegel
Fannie Ullmann
Marcel Weil
Sigl Wertheimer

Fred Wittner
Lothar Zander

July 11 & 12

Morris Abrahams
Sophie Adler
Joseph Barber
Liddy Becker
Gary Blum
Erna Blumenthal
Herman Blumenthal
Hansi Brinitzer
Irene Bronheim
Ernest Caspary
Eric Cohn
Alvina Coin
Emanuel Collin
Paul Ernst
Sally Fuld
Sigmund Glauber
Manfred Golding
Mary Greenberg
Else Grumbacher
Max Gutmann
Clara Hamburger
Dorothea Herrmann
Dora Herz
Alfred Himmelweit
Ludwig Hirsch
Allen Kalfus
Willy Kasel
Gerdy Kleinman
Jeanette Koch
Hilde Kracko
Trude Lehmann
Staff Sgt. Hyman Levine
Martin Levite
Hanschen Levy
Albert Mandel
Henry Marx
Rose Marx

Augusta Merber
Paul Meyer
Marcel Montrose
Ella Mosback
Susan Myerson
Emanuel Neubrunn
Jacob Neugarten
Dr. Grete (Teutsch) Norman
Ruth Pierson
Minnie Rawle
Johanna Reinhardt
Benno Reutlinger
Hannah Rubino
Sidney Salzman
Max Schachter
Lillian Schlesinger
Florence Schulhafer
Benjamin M. Schwartz
Felix Schwarz
Irving Silverman
Selma Simon
Otto Strauss
Joseph W. Tucker
Leonhard Vogel
Abraham Wecker
Isidore Winchell

July 18 & 19

William Appel
Hyman Block
Max A. Caine
Ludwig Dingfelder
Jennie Finkelstein
Julius Gold
Leo Goldstrom
Arthur N. Goodman
Hilda Grau
Emilie Grumbacher
Frederick Heidelberger
Hans Joseph
Fannie Kessler
Julia Kronman
Berta Levina-Okon
Louis A. Levy
Elizabeth Loewenberg
Bernard Malvin

Toni Marx
Rosa McDowell
Emma Meyer
Berta van Moelken
Fanny Naschke
Willi M. Nelkens
Max Neugarten
Sally Neugarten
Solomon Neumann
Hermann Noerdlinger
Oskar Oppenheimer
Fritz Philipp
Jonas Phillips
Jesse Rosen
Jenny Rosenbaum Adler
Karola Sanders
Adolf Schloss
Miriam Silver
Paula Simons
Edith Springer
Henry M. Steinberger
Leopold Gershon Steiner
Morris A. Wartell
Paul Weinberg
Hedda Weingarten
Ernst Zirkel

July 25 & 26

Gusti Abraham
Greta Pecker Bauer
Louis Becker
Alfred Bloch
Siegfried Collin
Steven Flehinger
Senta Frank
Siegfried Frank
Amson Fromm
Hilda Goldschmidt
Lena Greenberg
Ernst Grumbacher
Willy G. Grunfeld
Sol Hamburger
Dr. Max Hamburg
Otto Hammerschlag
Paula Hartog

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YAHREZEIT

Continued from page 7

Bruno Heymann
Martin Hochstim
Joseph Isner
Leo Kaiser
Marian H. Katzki
Lilli Kaufman
Jacob Lowenstein
Joseph Lowenthal
Hildegard Menke
Jenny Neugarten
Margaret Neumann
Leo Nordlinger
Jakob Polak
Nelly Schloss Rollman
Jennie Rubens
Louise Saalfeld
Grete Salomon
Vivian Schwenk
Walter Schwenk
Candido Sdoia
Toni Seligman
Nathan Silver
Herbert Sostman
Lilly Sternfels
Ilse Strassburger
Linda Robin Uhlfelder
Lucy Wertheimer
Else Wetzler
Hermann Winter

Ida Kahn
Mathilda Kahn
Leo Kahn
Carl Koestler
Philip Lacob
Jack Leslie
Benjamin Loebenberg
Max Lomner
Hildegard Maas
Lena Maculla
Daniel McCracken
Jacob Merber
Anne Morks
Hyman Morris
Samuel Mosback
Otto I. Neu
Ilse Neuberg
Rebecca (Dolly) Nieman
Rachel Ockun
Dora Trachman Perlroth
Else Redelmeier
Hermann D. Rubenstein
Henry Schneider
David Schnurmacher
Gustav Stamm
Margot Steinhardt
Albert Stream
Elisabeth Tobar
Dina Uhlfelder
Alexander S. Waldman
Gussie Weingarten
Dr. Herman Wolf
Egon Wollner

August 8 & 9

Sarah Abrahams
Sylvia Austern
Elizabeth Barth
Edward Baum
Max Baumgart
Elsa Bauml
Karoline Bloch
Gerda Brandon
Leo Burkhardt
Martha Dingfelder
Rosettel Englander
Theodore Eulau

Paula Froehlich
Alfons Goldsand
Walter H. Goldschmidt
Walter Gross
Anna Hammer
Mathilde Heilbronn
Coralie Herz
Arthur Heynemann
Jeanette Kaiser
Walter Katz
Hilde Kaufman
Mina Kavaler
Joseph Elias Knoepfler
Paula Landsberg
Frieda Lass
Leo Lehman
Hirsch Leib Zvi Arye
Mildred Levison
Michael Magasiner
Fred Marcus
Gertrude Myerson
Leonie Neuburg
Rita Nitzburg
Irene Oppenheim
Friedchen Pollack
Clem K. Rashbaum
Annie Ring
Irma Rosenthal
Anna Rubel
Hannah Samuels
Thomas Schneider
Harry Schwartz
Dr. William Schwarz
Dr. Alfred J. Stern
Irving Stern
William Stokes
Nathan Weiler
Jacob White

August 15 & 16

Juda Allweil
Minna Altmann
William Altschuler
Robert Becher
Paul Berger
Irving Collin
Fred Dittman

Babette Eichberg
Ernest W. Eisenheimer
Lawrence A. Eschelbacher
Martha Ettlinger
William W. Falk
Simon Fleischmann
Richard Froehlich
Stella Simons Glassman
Regina Goldsmith
Joseph J. Golieb
Theodore Hecht
Wilhelmine Hersberg
Adolph Hirsch
Paul Joseph Hirsch
Bertha Jaglom
Irma Jonas
Leon Kahn
Siegmond Katz
Adolph M. Kornreich
Hugo Lowenthal
Henry Meyer
Jakob Michel
Mendel Michel
Hermann Monatt
Abraham Myerson
Wilhelm Ottensooser
Max S. Rosenfeld
Frieda Salomon
Seymour Sapadin
Herbert Schnur
Helen Schott
Ida Silverman
Bettina Simon
Stephen Spector
Jerry J. Strauss
Joseph Sturman
Abraham Unger

August 22 & 23

Martin Ahrens
Rose Altschuler
Helen Blum
Otto Brunell
Rose Ebel
Milton Geist

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YAHREZEIT

Continued from page 8

Adele Goetz
Martha Greger
Kurt Hanff
Fanny Hirsch
Irmgard Horn
Sarah Jacobson
Alfred Kadden
Emma Kahn
Erna Kaufman
Ernest & Walter Kaufman
Maurice E. Keidan
Kurt Kessler
Samuel Klein
Alice Eva Kulb
Helen Gitsky Laurie
Toni Lehman
Rose Leslie
Irving N. Lisman
Ella Maier
Morris Manheimer
Flora W. Matthews
Helen Oliver

Greta Oppe
Henny Ottenheimer
Bella Reutlinger
Corp. Sidney Rosenberg
Esther Caplin Rosenberg
Irving J. Rosenberg
Hugo Rubel
Carl Salamensky
Abraham Scheuer
Helen Borsody Sdoia
Sigi Seligman
Etta Sherez
Irma Sinsheimer
Benno Sternfels
Helene Strauss
Fred Tager
Auguste Thalheimer
Lillian Vernoff
Clementine Vooss

August 29 & 30

Leopold Althof
William Bankoff

Hilda Bassist
Greta Bloch
Anny Bondy
Mortimer Charig
Moses Cohn
Eva Collin
Jeanne M. Engel
Paul Englander
Sadie R. Fischler
Victor Friedlein
Arthur Friedman
Edith Fromm
Paul Ganzman
Hermann Ganzmann
Sam Gorton
Kurt Gruenebaum
Ludwig Gutman
Albert Hamburger
Katie Heilbronn
Rudolf Kahn
Hugo M. Kaufman
Gunther Knoepfler
Eugenia Kreuchen

Fred Laubheim
Ruth Levi
Arie Liebrecht
Willi May
Martha Militzer
Eileen Commanday Mullen
Ida Neu
Lena Newman
Wolfgang Ollendorff
Susanne Popper Edelman
Jacob Regensburger
Gustav Schretski
Arnold Secunda
Edward B. Silverman
Louis Solomon
Louis Spiro
Jenny Straus
Louis Straus
Moses Strauss
Joseph Tobias
Rabbi Ernest Weiss
Lawrence Wiener
Robert Wollmeringer

Hebrew Tabernacle is offering a
36% Membership Discount
for first time members

off of the regular membership rate.

This offer is good till September 22, 2014.

Please tell your friends and family.

*For further information and membership forms
please contact the office at 212-568-8304.*

Exercise Class Sessions

Monday 7:00-8:20 p.m.

Fall 2014	Winter/Spring 2015	
September 8	January 5	April 6
September 15	January 12	April 13
October 6	January 19 (MLK)	April 16
October 13	January 26	April 20
October 20	February 2	April 27
October 27	February 9	May 4
November 3	February 16 (President's Day)	May 11
November 10	February 23	May 18
November 17	March 2	May 25
November 24	March 9	June 1
December 1	March 16	June 8
December 8	March 23	June 15
December 15	March 30	June 22
December 22		June 29
		July 6
		July 13
		July 20
		July 27 (Last Class)

No Classes on September 22 and 29; December 29, 2014

Rita Hamburg, physical therapist, leads a co-ed exercise class to music, for ages 10-80+, in the Hebrew Tabernacle Social Hall. The emphasis is on gentle stretching and strengthening of all the muscles in the body. Bring a towel or thin mat to lie on; wear comfortable, loose clothing, and bring 2 small hand weights (or one-pound cans of veggies) for gentle weight-training.

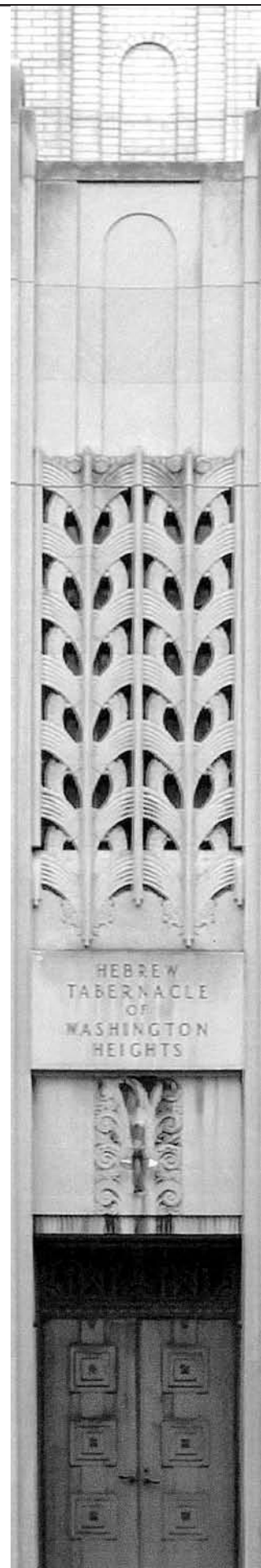
The cost is only \$15 per class. Checks, made out to Hebrew Tabernacle, will be accepted and ALL proceeds will be donated to the Tabernacle. If you are interested, or have any further questions, please contact the office or email Rita: hamburg@nyp.org

Hebrew Tabernacle Congregation

551 Fort Washington Ave. at 185th St.

Office: **212-568-8304**

email: office@hebrewtabernacle.org www.hebrewtabernacle.org



JULY 2014 TAMUZ-AV 5774

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Tamuz 3 1	Tamuz 4 2	Tamuz 5 3	Tamuz 6 INDEPENDENCE DAY OFFICE CLOSED 7:30 pm: Kabbalat Shabbat 4	Tamuz 7 10:00 am: Shabbat Balak 12:00 pm: Artist's Opening: John Schriener 5
Tamuz 8 6	Tamuz 9 7:00 pm: Exercise Class 7	Tamuz 10 8	Tamuz 11 9	Tamuz 12 10	Tamuz 13 7:30 pm: Kabbalat Shabbat 11	Tamuz 14 10:00 am: Shabbat Pinchas 12
Tamuz 15 13	Tamuz 16 7:00 pm: Exercise Class 14	Tamuz 17 15	Tamuz 18 16	Tamuz 19 17	Tamuz 20 7:30 pm: Kabbalat Shabbat 18	Tamuz 21 10:00 am: Shabbat Matot 12:15 pm: Israel 101 with Rhonda Lee Kaplan 19
Tamuz 22 20	Tamuz 23 7:00 pm: Exercise Class 21	Tamuz 24 22	Tamuz 25 23	Tamuz 26 24	Tamuz 27 7:30 pm: Kabbalat Shabbat 25	Tamuz 28 10:00 am: Shabbat Masei 26
Tamuz 29 27	Av 1 7:00 pm: Exercise Class 28	Av 2 29	Av 3 30	Av 4 31		

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Av 4	Av 5 September-October Bulletin Deadline 7:30 pm: Kabbalat Shabbat 1	Av 6 10:00 am: Devarim (Shabbat Chazon) 2
Av 7 3	Av 8 EREV TISH'A B'AV 4	Av 9 TISH'A B'AV 5	Av 10 6	Av 11 7	Av 12 7:30 pm: Kabbalat Shabbat 8	Av 13 10:00 am: Va'etchanan (Shabbat Nachamu) 9
Av 14 10	Av 15 11	Av 16 12	Av 17 13	Av 18 14	Av 19 7:30 pm: Kabbalat Shabbat 15	Av 20 10:00 am: Shabbat Eikev 12:15 pm: Israel 101 with Rhonda Lee Kaplan 16
Av 21 17	Av 22 18	Av 23 19	Av 24 20	Av 25 21	Av 26 7:30 pm: Kabbalat Shabbat 22	Av 27 10:00 am: Shabbat Re'eh 23
Av 28 Elul 5 24/31	Av 29 25	Av 30 26	Elul 1 27	Elul 2 28	Elul 3 7:30 pm: Kabbalat Shabbat 29	Elul 4 10:00 am: Shabbat Shoftim 30

RABBI'S Message

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security.

While I witnessed a blemish on Israeli life that is not seen by most visitors, the fact remains that Israel is a democracy. There are numerous institutions and social services organizations, besides Ir Ami, which seem to address the injustices and inequalities that exist in Israeli society. Palestinian leaders, often aided by Israeli lawyers, can present their grievances and receive a fair hearing in the K'nesset. When my daughter presented one of their petitions at the K'nesset, Adi Kohl, a member of the left-of-center yesh Atid Party, reprimanded some of the municipal officials. she shouted at them, "How can you sleep at night with all of the mess which has been created in East Jerusalem?" In a more authoritarian regime in the middle East, redress of grievances would be highly unlikely if not impossible. Indeed, democracy in action is yet another face of Israel.

A popular slogan in America in the 1960s, during the anti-Vietnam protests, was "America—love it or leave it." Such a slogan is unacceptable. True love of America is appreciating its many wonderful qualities, but not blindly embracing all American policies. True love of America means recognizing and addressing its faults. The same principle applies

to Israel. Israel still provides a home for homeless Jews, represents the cultural center of Jewish life, has developed into a vibrant nation with a high standard of living, and is an oasis of democratic government in a reactionary part of the world. Nevertheless, showing true love for Israel is being sensitive to its flaws and standing up to fanaticism and racism. Showing true love for Israel is forcefully encouraging all its people to "love the stranger," to address the social and political problems of the under-privileged, and to provide true equality of opportunity as required by the Israeli Constitution.



HEBREW TABERNACLE BULLETIN

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